River Levels Rowing Restrictions

Appendix A: River Levels and Rowing Restrictions

Level Black Docks closed

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Level Red: No club boats, private boats row at their own risk

Level ORANGE: 4 oars, Blind boat bow must be at Level IV bow listed, 4th year & above rowers only with launch, rest on land, private 1x row at their own risk

Level YELLOW: 4 oars, Blind boat bow must be at Level IV on bow list, 4* year and above rowers on own, Green & Novice on land (see exceptions below), private 1x row at their own ris

Level BLUE: Blind boat bow must be Level III & IV on bow list to go on own, Green with coach, Novice barge only (Fall exceptions noted below)

Level GREEN: Open rowing by bow list

	40001+	Docks Closed except by permission from the Lead Coach or Commodore				RANGE
Flow (KCFS)**	35,001-40,000	ORANGE w/posted restrictions* 35,001-40,000, 60F+	<u>RED</u> 35,001-40,000,55-60F	DOCKS CLOSED 35,001+, Under 55 F	DOCKS CLOSED 35,001+, Under 45 F	Stay South of Franklin, to bottom of beach below Lake St.
	30,001-35,000	<u>YELLOW</u> 30,001-35,000 , 60+F	ORANGE w/posted restrictions* 30,001-35,000 , 55-60F	<u>RED</u> 30,001-35,000 , 45-55F	<u>DOCKS CLOSED</u> 30,001-35,000, Under 45F	Stay South of Franklin, down to 38th St/St. Clair (~1/2 way between Lake &Ford)
	25,001-30,000	<u>BLUE</u> 25,001-30,000, 60F+	<u>YELLOW</u> 25001-30,000 55-60F.	ORANGE w/posted restrictions* 25,001-30,000, 45-55F	<u>RED</u> 25,001-30,000, Under 45F	Stay South of UM Boathouse, down to 38th St/St. Clair (~1/2 way between Lake &Ford)
	20,001-25,000	<u>BLUE</u> 20,001-25,000, 60F+	<u>BLUE</u> 20,001-25,000, 55-60F	<u>YELLOW</u> 20,001-25,000 45-55F	ORANGE w/posted restrictions* 20,001-25,000, Under 45F	To top, down to 42nd/Randolph (~1000M above Ford Bridge)
	15-20,000	<u>GREEN</u> 15-20,000,60F+	<u>BLUE</u> 15-20,000, 55-60F	<u>YELLOW</u> 15-20,000, 45-55F	ORANGEw/posted restrictions* 15-20,000 , under 45F	To top, stay 250M above Ford Bridge and do not stop when crossing river
	Under 15,000	<u>GREEN</u> Under 15,000-, 60F+	<u>GREEN</u> Under 15,000-, 55-60F	<u>YELLOW</u> Under 15,000-, 45-55F	ORANGE w/posted restrictions* Under 15,000, Under 45F	To top, stay 150M. above Ford Bridge and do not stop when crossing river
		60F+	55-59.9F	45-54.9F	Under 45F	RANGE
	Water Temperature					

Safety levels are set by the Lead Coach.

Lead coach and/or coaches along with their captains and safety committee members may restrict dock usage for any and all members based on weather conditions at that time. All members are responsible to keep current with restrictions posted on River Conditions page of the MRC website.

PFDs are required by MN law, either on rower, in boat with rower or in coaching launch.

Description of Levels

Docks closed

RED: No club boats, private boats row at their own risk

ORANGE: 4 oars, Blind boat bow must be at Level IV on bow list, 4th year & above rowers only with launch, rest on land, Private 1x row at their own risk

Group size limitations based on experience:

CW/M/REC A/B no more than 4 boats per launch. 20:1 Athlete/Coach ratio

CW/M/REC C no more than 2 boats per launch 18:1 Athlete/Coach ratio

Must have PFDs in boat, worn or in coaching launch.

YELLOW: 4 oars, Blind boat bow must Level IV on bow list, 4th year and above rowers on own, Green/Novice on land*, Private 1x row at their own risk

A/B/C level rowers in Comp and Rec when **NOT** with Coach:

Must have PFDs (one for each rower/coxswain in boat, provided by rower)

Each rower/coxswain in boat 4th year or above

Bow must be level IV

Recommend groups

A/B/C level rowers in Comp and Rec when with Coach:

No more than 4 boats per launch. 20:1 Athlete/Coach ratio

*Fall season ONLY, Green & Novice in 8's only with coach. Subject to review by Lead Coach

BLUE: Blind boat bow must be Level III & IV on bow list to go on own, Green with coach, Novice barge only*

A/B/C level rowers in Comp and Rec when **NOT** with Coach:

Must have PFDs (one for each rower in boat provided by rower)

Bow must be level III or IV when rowing on own

*Fall season ONLY, Novice in 8's only with coach. Subject to review by Lead Coach

GREEN: Open rowing by bow list

Must have PFDs, one for each rower/coxswain in boat, provided by rower when rowing without a launch.

During coached sessions, must have PFDs in boat, worn or in coaching launch.