



Join the Minneapolis Rowing Club Juniors!

- No experience necessary.
- Competitive teams open to all high school students, from rising 9th graders through graduated seniors.
- Middle school program is also available.
- Spring, Summer, and Fall seasons on the beautiful Mississippi River.
- Make new friends.
- Full body workout is great cross-training for other sports.
- Explore opportunities for collegiate rowing and beyond.

Financial Assistance is available.

More information at:

<https://mrc.clubexpress.com/>

Or email:

Juniors@MinneapolisRowing.org

See you on the Water!

